

WEEKEND RETREAT

Women's Wisdom & Wellness™

Helene B. Leonetti, MD & Tahya

with Special Guest Artist:

Grant Smith, percussionist extraordinaire

JUNE 5-7, 2009

Retreat begins Friday evening 6:00 p.m. and concludes Sunday afternoon

Lake Nockamixon, Upper Bucks County, PA



- ☾ Gain insights toward vibrant health & well-being
- ☾ Share in the joy of rhythm & magic of dance
- ☾ Enjoy morning mudra, meditation & sun salutations
- ☾ Gourmet Vegetarian Meals
- ☾ Relax, experience heightened creativity
- ☾ Bonfire & Moonlight Drum Circle

★ Women & Men welcome :: Limited accommodations ~ Register early to assure your space ★

FEE: Includes meals, lodging (unless you opt to camp or commute), all classes, handouts, etc.

\$275* due on or before May 15, 2009

OR

\$225* ~ save \$50: BYOT (Bring Your Own Tent)

OR

\$195* ~ save \$80: commute from home (or nearby hotel)

*NOTE: \$50 non-refundable deposit due ASAP with balance due on or before May 15
After 5/15, add late registration fee: \$50

★ **Lodging & Gourmet Vegetarian Meals:** First-rate accommodations limited to 6 persons (i.e., 3 dbl. occupancy rooms): First come, first served. After 6th registration, another 10 registrants with sleeping bag (with or without own air mattress) will be accommodated on the floor OR save \$50 and BYOT (Bring Your Own Tent). The fee for this event includes gourmet vegetarian meals (i.e., breakfast, lunch and dinner Saturday plus brunch on Sunday). NOTE: Directions and other details will be sent with register confirmation.

Questions? ~ Contact Tahya 610-776-7045 / tahya@tahya.com

~ NO REFUNDS ~

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Retreat Registration: You may register on-line via PayPal @ www.womenswisdomwellness.com/store.html

or complete this form and return payment (pls. make check payable to Women's Wisdom & Wellness) and mail to:

Women's Wisdom & Wellness Retreat, c/o Tahya, PO Box 56, Coplay, PA 18037-0056

NAME: _____ E-mail: _____ Phone: _____

Address: _____

On-site Lodging: Bedmate: _____ Roommate(s) on air mattresses: _____ BYOT Commute

Please notify us of any food allergies: _____

Amount enclosed: \$ _____

☾ www.Tahya.com ☾